

Thank you for your interest in volunteering with Feeding America San Diego! We would not be able to continue feeding 73,000 people per week without *your* help! The chart below shows the days and times we offer volunteer opportunities. If you would like to sign yourself or a group up to volunteer, please email Alicia Saake at [volunteersd@feedingamericasd.org](mailto:volunteersd@feedingamericasd.org) with your day, time, and date range preferences.

	<b>Food Sorting</b>	<b>Office</b>	<b>Reclamation</b>	<b>Farm2Kids</b> (September-June)	<b>BackPack</b> (September-June)	<b>Summer Food Service</b> (July- August)
<b>Tuesday</b>	3:00-4:30 pm 6:00- 8:00 pm	10:00am-12:00pm* 1:00pm-3:00pm*	6:00pm- 8:00pm	12:00 am-2:00 pm		6:00pm- 8:00 pm (Various: onsite volunteers)
<b>Wednesday</b>	3:00-4:30 pm 6:00pm- 8:00pm	10:00am-12:00pm* 1:00pm-3:00pm*		6:00pm -8:00pm	6:00pm- 8:00 pm	6:00pm- 8:00 pm (Various: onsite volunteers)
<b>Thursday</b>	10:00 am-12:00 pm	10:00am-12:00pm* 1:00pm-3:00pm*	1:00-3:00 pm		10:00 am-12:00 pm	(Various: onsite volunteers)
<b>Friday</b>	10:00 am- 12:00 pm	10:00am-12:00pm* 1:00pm-3:00pm*	1:00pm- 3:00pm			(Various: onsite volunteers)
<b>Saturday</b>	9:00am-12:00pm (most Saturday's)		9:00am-12:00pm (most Saturday's)			9:00am-12:00pm (most Saturday's)

\* Our office volunteer schedule is flexible and geared toward individuals, if interested please email Alicia with your availability and interests.